

GET CONNECTED TO UNC CHARLOTTE!! – JANUARY 2015

Students who get connected to the University are more likely to be successful. Below is a list of activities, resources, workshops, recreational programs, and other opportunities that we hope will enhance your UNC Charlotte experience. If you want to learn more about any of these items, just circle the corresponding numbers. In order for us to contact you, your name and spring semester address (including your phone number and Email address) will be sent to the participating groups or departments who will be in touch with you shortly after you arrive to campus this spring and/or periodically throughout your first semester with us.

First Name: _____ **Last Name:** _____ **Your UNC Charlotte Email Address (@unc.edu):** _____

ACADEMIC SUPPORT & ENRICHMENT

1. Developing study skills necessary to succeed at UNC Charlotte
2. Attending small group study sessions designed to improve grades in difficult courses
3. Attending a one-on-one meeting to create a plan for academic success
4. Receiving free tutoring in to help with content I don't understand
5. Understanding how to use UNC Charlotte-specific technology to be successful in my courses
6. Receiving information on how to use my study time efficiently and avoid procrastination
7. Learn more about a career in education
8. Choosing a major that is right for me
9. Finding internships
10. Finding off campus employment
11. Really knowing what I want to do for a career
12. Learn about research support, technology, study space, and interlibrary loan at Atkins Library
13. Receiving information about managing my finances effectively.
14. Learning more about how my student loan debt will affect me financially after graduation.
15. Veteran/Service Members Support

WELLNESS/COUNSELING SERVICES

16. Information about the Counseling Center
17. Assistance with transition issues (homesickness, loneliness)
18. Receiving support during stressful/difficult times
19. Workshops/groups about self-improvement or relationship development

CAMPUS-WIDE EVENTS/ACTIVITIES

20. Helping to plan general campus wide activities & events (ex: lectures, comedy shows, homecoming, live music)
21. Learning about general campus wide activities & events
22. Volunteering for International Festival
23. Volunteering in the community
24. Learning about weekend activities
25. Student Union Movie Theater events
26. Student Union Art Gallery events
27. Recycling and environmental activities
28. Attending 49er athletic events
29. Attending performing arts events on campus (ex. concerts, plays, recitals)
30. Participating in performing arts ensembles/groups on campus (ex. music, dance, theatre)
31. Learning about special programs/services that are available to students who are living off campus

LIVING ON-CAMPUS

32. Participating in residence hall government
33. Attending social events in the residence halls
34. Attending academic support/educational programs in the residence halls
35. Becoming a live-in peer mentor

RECREATIONAL OPPORTUNITIES

Outdoor Adventures

36. Participating on Outdoor Adventure trips (ex: backpacking, kayaking, caving)
37. Leading Outdoor Adventure trips
38. Rock climbing or indoor climbing wall
39. Facilitating challenge/ropes course

Intramural Sports/Activities (Non-Varsity)

40. Team sports (Flag football, Soccer, Basketball, Volleyball, Softball)
41. Individual/Dual sports (ex: Tennis, Badminton, Rock Climbing, Bowling, Golf)
42. Special events (ex: 5K Run, Golf Tournament, RecFest)

Fitness

43. Group Fitness Classes (ex: Cardio-Kickboxing, Hip-Hop, Yoga, Personal Training)
44. Cardiovascular/Weight training in the fitness center
45. Open recreation (ex: play basketball at my leisure)

Sport Clubs (Open to Men & Women)

46. Competitive clubs (ex: Rugby, Softball, Roller Hockey)
47. Recreational clubs (ex: Snowboarding, Badminton, Horseback Riding)
48. Instructional clubs (ex: Martial Arts, Fencing, Archery)

LEADERSHIP OPPORTUNITIES

49. Leadership Fellows (leadership program for sophomores, juniors, seniors)
50. On-campus leadership conferences
51. Building/developing your leadership skills
52. Leading programs for new students (SOAR, WOW, Tour Guides, UTOP, SAFE)
53. Global Leadership competency and skill building

CLUB AND ORGANIZATION PARTICIPATION

54. Student government
55. Class Councils
56. Student clubs and organizations : Academic, Honor Society, Interest, Media, Performance, Political, and Service
57. Greek Life (fraternities and sororities)

58. Historically African-American/Latino(a)/Asian/Multicultural fraternities and sororities

RELIGIOUS/SPIRITUAL INTERESTS

59. Baptist
60. Catholic
61. Episcopal
62. Lutheran
63. Methodist
64. Presbyterian
65. Non-denominational Christian
66. Islam
67. Judaism
68. Religious/Spiritual programs and workshops

DIVERSITY/MULTICULTURAL INTERESTS

69. African/African-American
70. Native American
71. Hispanic/Latin American
72. Asian/Asian-American
73. Gay/Lesbian/Bi-sexual/Transgender and Straight Allies
74. Women's Programs
75. Men's Programs
76. Diversity programs and workshops

INTERNATIONAL ORGANIZATIONS AND PROGRAMS

77. International Student Organizations
78. International Club (for internationally-minded students)
79. Education Student Abroad Association (students interested in or who have participated in studying or traveling abroad)

CONNECTION OPPORTUNITIES BETWEEN U.S. AND INTERNATIONAL STUDENTS

80. Friendship and Cultural Exchange Program (matching program to connect people from different cultures)
81. International Coffee Hour (informal discussion time with people from different countries)
82. Study abroad programs (for ALL majors; short-term/semester/year options)
83. Volunteer tutoring and/or conversation practice with English language learners studying on campus

ADULT/NONTRADITIONAL STUDENTS

84. Receiving information about adult and nontraditional student services (academic advising & scholarships)
85. Learning about adult and nontraditional social groups & honor societies
86. Participating in a nontraditional student peer mentoring program

